

# Gangtey Trek



Days:	3	
Price:	610 USD International flight not included	
Comfort:	★★★★★	
Difficult:	★★★☆☆	
👉 Adventure	👉 Trekking	👉 Hiking
👉 Mountains	👉 photographic	

Although the trek is possible throughout the winter, the best time for the Gangte Trek is between March-May and September-November. It is a short and relatively easy trek with several beautiful villages and monasteries en route.

The trail winds through forests of juniper, bamboo, magnolia and rhododendrons and over small streams of cold, clear mountain water. This trek is an excellent choice for those visitors not accustomed to trekking in the mountains as it offers beautiful views of the country with mostly gentle, forested slopes. The best time for this trek is between September-May.

## Day 1. The Trek starts near the village of Tabiting



Phobjikha 📍  
15km - ⌚ 7h 30m  
Zasa 📍

### Phobjikha - Zasa

- Ascent: 610 m Descent: 410 m Camp altitude: 3,130 m.

We will begin our trek from **Tabiting village**. The trail winds through meadows and fields and the climb takes you through a mixed forest of juniper, bamboo, magnolia and rhododendron to **Tsele La** (3430m). Further on, the path leads to **Gogona**, well known for its “Gogona Cheese” production. The campsite is a bit further on besides a small stream in a yak pasture called **Zasa**.

🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

## Day 2. Pass leads to a wide valley, surrounded by beautiful mountain ranges



Zasa 📍  
16km - ⌚ 5h  
Chorten Karpo 📍

### Zasa - Chorten Karpo

- Ascent: 450 m Descent: 860 m Camp altitude: 3,330 m.

A gentle climb leads to **Shobe La pass** (3,480m). The descent from the pass leads to a wide valley, surrounded by beautiful mountain ranges. Below the route one can see **Khothokha**, a village with about 60 houses. You finally reach the campsite by climbing gently up till you see four chortens in a forest of blue pine.

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

# Day 3. Relax at Bhutan’s best bird watching areas



Chorten Karpo  
12km - 4h 40m  
Tikke Zampa  
20km - 45m  
Punakha

## Chorten Karpo - Tikke Zampa

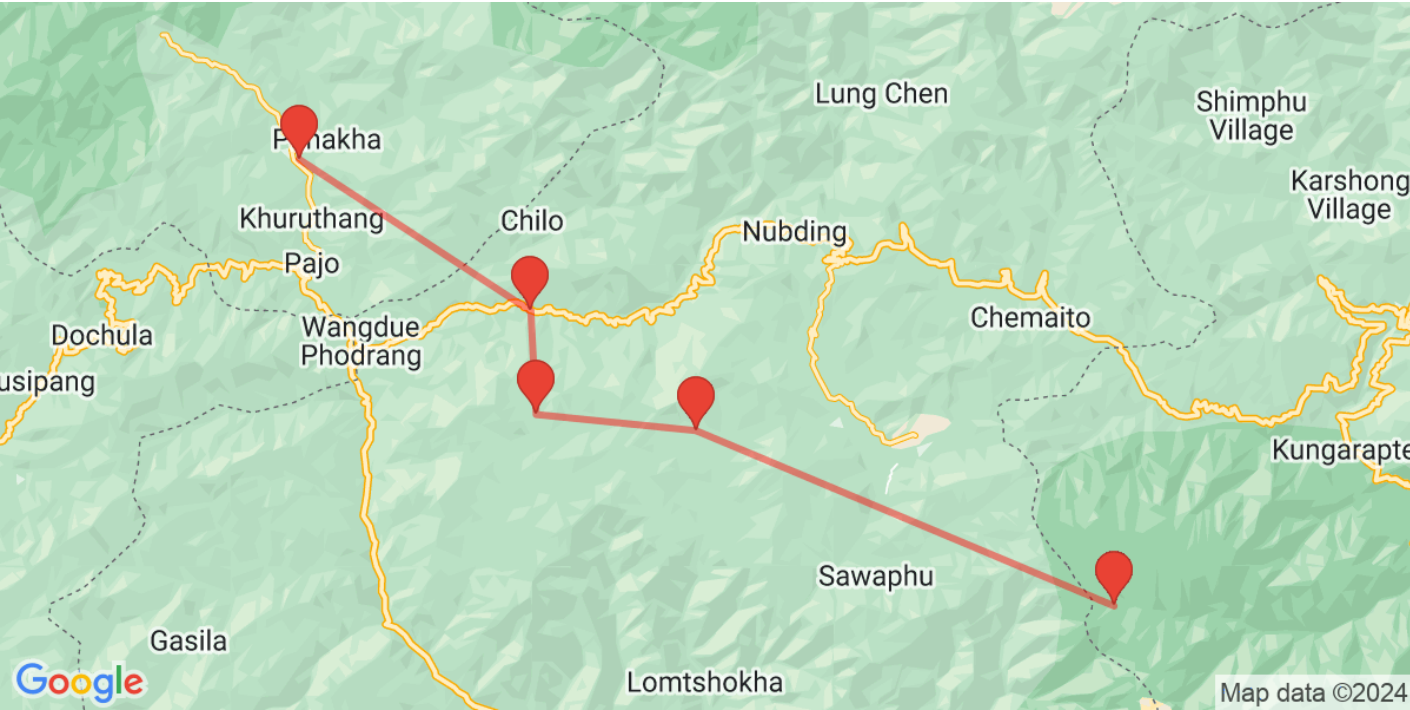
- Ascent: 120m Descent: 1,340m
- From the camp you climb till you reach a forest road. From here it’s an easy walk up to a little ridge at 2,800m. The walk down back into the valley leads you through Bhutan’s best bird watching areas. Bid farewell to your trekking at **Tikke zampa**.

## Tikke Zampa - Punakha

- Then, drive to Wangdue and Punakha for overnight stay in a hotel.

Breakfast	Made by your team
Lunch	Made by your team

## Itinerary map



## Individual price per person

1-1	2-2	3-10
690 USD	670 USD	610 USD

## Included

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- Bhutan Tourist Tariff Royalty.
- Visa Fee
- All private excursions and transfers in superior air-conditioned vehicle.
- Local English speaking guide/tour leader.
- Experienced driver.
- Accommodation in carefully selected, highest standard government approved hotels & guesthouses.
- All meals in Bhutan.
- All entrance fees and permits.
- Tents

## Not included

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- All personal expenses such as bars, beverages, laundry, telephone and tips.
- Medical / Travel Insurance.
- Air-fare