

Bumdrak Monastery Trek



Days:	2
Price:	325 USD International flight not included
Comfort:	★★★★★
Difficult:	★★★☆☆
🗡 Adventure 🗡 Trekking 🗡 Hiking	
🗡 Mountains	

On the Bumdra Trek, trekkers will spend two (or 3) days traversing the area around the **Bumdra Temple**. After driving to the trek point from your hotel, trekkers climb up to the temple and enjoy lunch and beautiful views. Higher up is the campsite and it is here that guests may learn why this trek is also called the “Trek of Thousand **Dakinis** (celestial female beings.)” Trekkers have the opportunity to explore the caves where the thousand dakinis had convened. In the descent from camp, guests will visit a number of temples including a hill top nunnery. Beautiful views of the temple complex may be seen on the way home.

Day 1. Trek starts from Paro



Paro 📍
8km - ⌚ 3h 20m
Bumdrak Monastery 📍

Paro - Bumdrak Monastery

- The adventure begins with an early morning drive up to the **Sang Choekor Buddhist College** for two hours of hike. The trail undulates before the last steep section up to the pretty temple which offers commanding views south over Paro and northwards to the snow-capped Himalayas. Our home for the night is tucked away just under **Bumdra Monastery** (Cave of a Thousand Prayers) and offers unimpeded views of the Himalayan range.

After lunch we can visit the monastery (if it is occupied) and also climb the peak to the north (about 4000 m) for even better views, returning in time for a well earned dinner.

🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

Day 2. Trek to Paro via Taktshang Monastery



Bumdrak Monastery 📍
8km - ⌚ 3h 10m
Paro 📍

Bumdrak Monastery - Paro

- After breakfast we will decent back to **zangto Pelri** (Heaven on Earth) from which you can peer over the edge rooftops of Taktshang Monastery. Following a steep descent to a waterfall then up some steps and you'll reach the Tiger's Nest itself.

Later afternoon we will begin the final descent of about 45 minutes to Paro Valley floor to reach our vehicle from where you will be transferred by road to your overnight accommodation.

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team

Itinerary map



Individual price per person

1-1	2-2	3-10
365 USD	355 USD	325 USD

Included

- Bhutan Tourist Tariff Royalty.
- Visa fees
- All private excursions and transfers in superior air-conditioned vehicle.
- Local English speaking guide/tour leader.
- Experienced driver.
- Accommodation in carefully selected, highest standard government approved hotels & guesthouses.
- All meals in Bhutan.
- All entrance fees and permits.
- Tents

Not included

- All personal expenses such as bars, beverages, laundry, telephone and tips.
- Medical / Travel Insurance.
- Air-fare