

Jomolhari Trek



Days:	9
Price:	2320 USD International flight not included
Comfort:	★★★★★
Difficult:	★★★☆☆
📌 Adventure 📌 Trekking 📌 Hiking 📌 Mountains	

Jomolhari Trek is longer than the **Jomolhari Loop** - the most popular trekking routes in Bhutan. With altitude differences of 2,500m and nearly 5,000m it offers a wide range of landscapes, fauna and flora. The highlight of this trek is the spectacular view of Mount Jomolhari from Jomolhari Basecamp (Jangothang).

Day 1. Trek starts from Gunitsawa Village



Gunitsawa Village 📍
3km - ⌚ 50m
Sharna Zampa 📍

Gunitsawa Village - Sharna Zampa

- Descent: 80 m Camp altitude: 2,850 m.

This trek begins at **Gunitsawa Village** where you pass the army post. At the army check post your trek permit (provided by your tour operator) will be checked and endorsed. The campsite is on the opposite side of the river, not far from Gunitsawa.

🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

Day 2. Great view of Mt. Jomolhari.



Sharna Zampa 📍
2km - ⌚ 7h 30m
Thangthangkha 📍

Sharna Zampa - Thangthangkha

- Ascent: 770 m Descent: 10 m Camp altitude: 3,610 m.

On this long day, the trail continues with lots of small ups and downs. After going uphill through the river valley the valley finally narrows gradually to a mere path which descends to a meadow where a camp will be set up. From here, if weather permits, you will have the first great view of **Mt. Jomolhari**.

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

Day 3. Trek continues up the Paro Chhu valley.



Thangthangkha 📍
19km - ⌚ 5h 30m
Jangothang 📍

Thangthangkha - Jangothang

- Ascent: 480 m Camp altitude: 4,080 m.

Today we continue our trek up the **Paro Chhu** valley which widens into patches of alpine meadow and scanty growths of forest. In this area yaks and their herder's homes become a regular feature of the landscape. Passing the villages **Soe**, **Takethang** and **Dangochang** is another asset on this day. After reaching **Jangothang**, one of the most beautiful campsites of the Himalayas, you will again have a spectacular view of Mount Jomolhari.

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

Day 4. Possibilities for day hikes with great views of lakes and snow capped mountains



Jangothang 📍

- The rest day in Jangothang provides plenty of possibilities for day hikes with great views of lakes and snow capped mountains such as **Jomolhari** and **Jichu Drake**. Jangothang is a perfect environment for your acclimatization. You can also trek up to **Tosoh** or hike around the area.

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

Day 5. Climb up steeply to Bhonte La pass at 4,890 m



Jangothang 📍
16km - ⌚ 7h 30m
Lingshi 📍

Jangothang - Lingshi



- Today is one of the longest days of the trek. We will pass through **Nyilila pass** at 4,870m and see herds of blue sheep grazing on the slopes of the mountains.

After lunch we will continue our trek and reach **Lingshi**, a beautiful U-shaped valley, you get a wonderful view of **Lingshi Dzong** on clear days. The campsite is next to a stone hut you reach just before Lingshi Dzong.

☕ Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	tent camping

Day 6. Climb up to the Yelila pass at an altitude of 4,930m.







Lingshi 
22km - ⌚ 8h 30m
Shodu 

Lingshi - Shodu



- Ascent: 940m Descent: 920m Camp altitude: 4,080m.

The trail climbs up to the Yelila pass at an altitude of 4,930m. From the pass, on a clear day you will get an excellent view of Jumolhari, Tserimgang and Masanggang. The trek from the pass to the campsite at Shodu is a steep downhill.

 Breakfast	Made by your team
 Lunch	Made by your team
 Dinner	Made by your team
 Accommodation	tent camping

Day 7. Trail follows the Thimphu Chhu through rhododendron forests







Shodu 
16km - ⌚ 5h 30m
Barshong 

Shodu - Barshong



- Ascent: 250m Descent: 670m Camp altitude: 3,710m.

The trail follows the Thimphu Chhu through rhododendron forests, past beautiful waterfalls along the way. The valley narrows till the path takes to the slopes and gradually ascends to the ruins of **Barshong Dzong**.

 Breakfast	Made by your team
 Lunch	Made by your team
 Dinner	Made by your team
 Accommodation	tent camping

Day 8. The camp is in a meadow.







Barshong 
15km - ⌚ 3h 20m
Dolam Kencho 

Barshong - Dolam Kencho

- Ascent: 290m Descent: 640m Camp altitude: 3,320m.

The trail descends down to the Thimphu Chhu river valley, through dense forests of rhododendron, birch, conifer, maples and bamboos and then ascends to pasture lands. The camp is in a meadow.

 Breakfast	Made by your team
 Lunch	Made by your team
 Dinner	Made by your team
 Accommodation	tent camping

Day 9. Trek Ends at Dodena



Dolam Kencho 📍
8km - ⌚ 3h 30m
Dodena 📍
🚗 14km - ⌚ 30m
Thimphu 📍

Dolam Kencho - Dodena

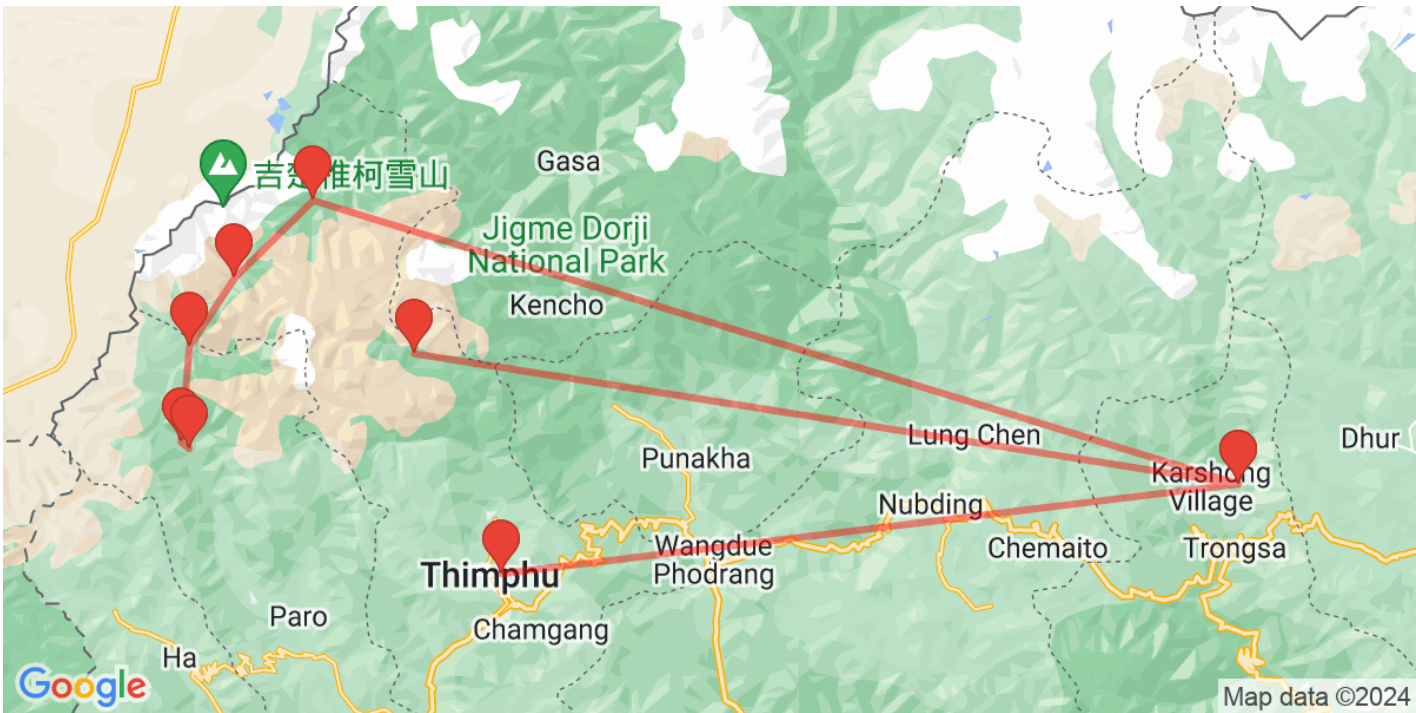
- Ascent: 00m Descent: 930m

The trail continues through forested areas winding up and down and through a small pass. Langurs (monkeys) can be seen along the way. In **Dodena**, you will exit the **Jigme Dorji National Park** and reach the road head next to a impressive cantilever bridge.

The trek finishes at the beautiful Chherri Monastery, while it is a 40 min hike to the monastery it is well worth it.

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team

Itinerary map



Individual price per person

1-1	2-2	3-10
2640 USD	2560 USD	2320 USD

Included

- Bhutan Tourist Tariff Royalty.
- Visa Fee
- All private excursions and transfers in superior air-conditioned vehicle.
- Local English speaking guide/tour leader.
- Experienced driver.
- Accommodation in carefully selected, highest standard government approved hotels & guesthouses.
- All meals in Bhutan.
- All entrance fees and permits.

Not included

- All personal expenses such as bars, beverages, laundry, telephone and tips.
- Medical / Travel Insurance.
- Air-fare

- Tents